

Important information for adults accompanying patients who are undergoing treatment under sedation

Patient Advice and Liaison Service (PALS)

Telephone: 01737 231 958
 Email: pals@sash.nhs.uk
 Write to: PALS, East Surrey Hospital
 Redhill, Surrey RH1 5RH

You can also ask a member of staff to contact PALS on your behalf.

This information can be made available in other languages and formats, including larger text. Contact 01737 231 958 for help.



Contact Us

Oral Surgery Department
 East Surrey Hospital
 Redhill Surrey RH1 5RH
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Sedation is used to make patients less anxious. Sedative drugs are usually given before or during dental treatment.

The drugs used can cause some patients to feel a little disorientated or confused for a short time after the treatment.

It is important that someone will be responsible for them and take care of them for the remainder of the day. It is therefore important that you are an adult who is capable of supporting the patient.

Please follow the instructions below:

- You must accompany your friend/relative to the appointment and stay in the department during the treatment; if not, the sedation cannot proceed.
- Do not bring any children to the appointment.
- Both of you should arrive in good time for the appointment so pre-treatment paperwork can be completed.
- After the treatment you must drive the patient or get a taxi home and stay with the patient for 24 hours following the treatment. The patient cannot drive a motor vehicle or ride a bike for 24 hours. Avoid travelling home by public transport such as a bus.
- Caution should be exercised regarding the use of social media/internet for 24 hours following sedation.
- You must not allow the patient to work, drink alcohol, use machinery (such as a kettle or a bike), make irreversible decisions or sign any legal documents for 24 hours, to allow the effects of the sedation to wear off.
- The patient cannot be in charge of children or dependent adults for 24 hours after sedation.

How long will it take?

- You should both be ready to go home about 1-2 hours after the start of treatment. Please stay in the waiting room during treatment at all times.
- The patient will be assessed to ensure they are ready to go home.
- The clinician will give you any extra care instructions depending on the treatment carried out that day.