



Rusper Ward

Patient information

Welcome to Rusper Ward

Rusper Ward provides antenatal care to women having an induction of labour and women who are admitted as inpatients for closer monitoring of their pregnancy.

The ward is made up of two six-bedded bays and two single side rooms, one with an en-suite facility. There are three bathrooms for your use.

Our team is made up of doctors, midwives, student midwives, maternity assistants, ward clerks and housekeepers.

Visiting times

- Partners are welcome to stay throughout the day. If you are being induced, your partner may stay overnight for support
- Other visitors are welcome between **12 pm – 8 pm**
- Only your own children are allowed to visit you on the ward

Mealtimes

- Breakfast – **8 am**
- Lunch – **12 pm**
- Dinner – **6 pm**

Please complete the menu cards provided at breakfast.

What happens on the ward?

When you arrive, your midwife will show you around the ward.

As part of your initial care, you will be provided with TED stockings which will help to prevent blood clots forming in your legs. You will also be asked to provide a urine sample.

You will have a named midwife each shift.

Each day you stay with us, there is a ward round where a doctor will see you and discuss your plan of care.

Please ensure you have had all your questions answered by our team and that you understand each aspect of care.

If you are being induced there is an induction of labour leaflet available, so please ask if you would like further information.

Other information

Noise

- After 10 pm, please keep phone calls to a minimum and voices lowered
- If you would like to watch something on your tablet/laptop or listen to music, please use earphones

Partners

- We ask that partners remain fully clothed and wear shoes around the ward
- Partners should not sleep on the beds. There are chairs available for partners to use
- Unfortunately, we do not have toilet or shower facilities for partners. Toilets can be found off the ward in the main corridor

Refreshments

- Three Arches Restaurant, located on the first floor of East Surrey Hospital
- Friends of East Surrey shop, located on the ground floor near the East Entrance
- Boots and WH Smith, located on the ground floor near the main entrance
- Several vending machines are also available throughout the hospital, providing hot and cold drinks, snacks and sweets

Free Wi-Fi access

Username: guest

Password: iagree

Tell us what you think...

Please complete the *Your Care Matters* survey about your experience in the maternity unit at East Surrey Hospital. This information helps us monitor how we're doing and make improvements to our services.

Thank you for your cooperation and we hope you have a comfortable stay on Rusper Ward.



Contact us

Rusper Ward

East Surrey Hospital
Redhill Surrey RH1 5RH
Tel: 01737 768 511 x1954

www.surreyandsussex.nhs.uk

Patient Advice and Liaison Service (PALS)

Telephone: 01737 231 958

Email: pals@sash.nhs.uk

Write to: PALS, East Surrey Hospital
Redhill, Surrey RH1 5RH

You can also ask a member of staff to contact PALS on your behalf.

This information can be made available in other languages and formats, including larger text. Contact the PALS office for help.